

Biking in Mountain View: Do It Smart, Make it Safe



One of the most important jobs of the Mountain View Bicycle/Pedestrian Advisory Committee is to advise the City Council Transportation Committee on issues of bike safety.

The Committee works to make local streets bike-friendly for both adults and young people who use bikes for commuting and recreation. Here are a few important reminders from the Committee about how to cycle safely:

85% of head injuries can be avoided by wearing a bike helmet.

90% of accidental deaths to children bikers occur when they dart into traffic. Teach youngsters to stop and look both ways.

Always ride on the right side of the road with traffic, never against it.

Ride two to three feet from the curb and stay clear of parked cars.

Stop at all stop signs and red traffic lights. When it's safe to proceed, look both ways before entering the intersection. Use hand signals for turns and stopping.

Always yield the right-of-way to pedestrians. 
